

YOUR FIT HEALTHY LIFE

3/2/17

FREE NUTRITION WORKSHOP

Presenter: CREED Fitness Coach Corey Little

The new year is prime time for fitness fads and weight loss gimmicks. Don't fall victim and waste your money and time. Instead, why not come and get a refreshing dose of honesty and authenticity, where you'll discover what an ideal day of eating looks like, the power of 4 certain foods, and the truth behind some of the most popular diet trends.



**Hosted by Oconee
State Bank and
CREED Fitness**

**Thursday, March
2nd from 4:30-6pm
at Oconee State
Bank's Operations
Center.**

**BE OUR GUEST for
great food, prizes,
and life-changing
information!**

**OCONEE STATE
BANK OPERATIONS
CENTER**

7920 Macon Highway
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